

Washington Behavioral Risk Factor Surveillance System

2003 Tobacco Survey Results

Skagit County

What is your age?

n = 203

18 - 34	31.2%	(± 8.8%)
35 - 54	31.9	(± 7.5)
55 - 74	26.3	(± 6.4)
75+	10.6	(± 4.8)

Gender

n = 203

Male	46.9%	(± 8.6%)
Female	53.1	(± 8.6)

Which one of these groups would you say best represents your race...

n = 199

White	88.4%	(± 8.5%)
Black or African American	0.0	(± 0.0)
Asian	0.0	(± 0.0)
Native Hawaiian or Other Pacific Islander	0.9	(± 1.7)
American Indian, Alaska Native	1.1	(± 2.2)
Other race	9.6	(± 8.2)
No preferred race	0.0	(± 0.0)

Are you Hispanic or Latino/Latina?

n = 202

Yes	12.6%	(± 8.3%)
No	87.4	(± 8.3)

Marital status

n = 201

Married	53.1%	(± 8.4%)
Divorced	10.7	(± 4.5)
Widowed	7.5	(± 4.0)
Separated	2.0	(± 1.5)
Never been married	16.6	(± 6.3)
Or a member of an unmarried couple	10.1	(± 8.0)

How many children less than 18 years of age live in your household?

n = 202

None	71.8%	(± 7.2%)
1	12.7	(± 5.5)
2	10.7	(± 4.8)
3 or more	4.8	(± 3.1)

What is the highest grade or year of school you completed?

n = 201

Some high school or less	16.3%	(± 8.5%)
High school graduate or GED	25.9	(± 6.7)
Some college or technical school	35.9	(± 7.8)
College graduate or more	22.0	(± 6.4)

Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .	n = 203	
Employed for wages	44.3%	(± 8.3%)
Self-employed	10.0	(± 4.4)
Out of work	10.3	(± 7.6)
Homemaker	6.5	(± 3.7)
Student	5.2	(± 3.6)
Retired	20.8	(± 6.0)
Or unable to work	3.0	(± 2.3)

Annual household income from all sources	n = 178	
Less than \$20,000	18.7%	(± 6.4%)
\$20,000 to less than \$50,000	46.6	(± 8.3)
\$50,000 or more	34.7	(± 7.8)

Have you smoked at least 100 cigarettes in your entire life?	n = 301	
Yes	50.1%	(± 6.4%)
No	49.9	(± 6.4)

<i>Among those that have smoked at least 100 cigarettes in their entire life:</i>		
Do you now smoke cigarettes everyday, some days, or not at all?	n = 151	
Everyday	24.3%	(± 7.5%)
Some days	11.3	(± 6.5)
Not at all	64.4	(± 8.7)

<i>Among current smokers:</i>		
During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?	n = 53	
Yes	48.3%	(± 15.8%)
No	51.7	(± 15.8)

Current cigarette smoking prevalence:	n = 301	
(every day or some day smokers among the whole population)	17.8%	(± 4.9%)

<i>Among those that have smoked at least 100 cigarettes:</i>		
Did you smoke any cigarettes during the past 30 days?	n = 97	
Yes	37.3%	(± 11.8%)
No	62.7	(± 11.8)

<i>Among those that have smoked in the past 30 days:</i>		
On how many days of the past 30 days did you smoke cigarettes?	n = 38	
Less than 30 days	*	*
30 days	*	*

<i>Among those that have smoked in the past 30 days:</i>		
On average, about how many cigarettes per day do you smoke, on the days that you do smoke?	n = 38	
Average:	*	*

Estimates based on sample sizes less than 50 were omitted.

Have you ever tried using smokeless tobacco, like chew, dip or snuff?	n = 197	
Yes	25.8%	(± 7.4%)
No	74.2	(± 7.4)

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?	n = 44	
None	*	*
Less than 30 days	*	*
30 days	*	*

Current smokeless tobacco prevalence:	n = 197	
(any use in past 30 days among the whole population)	3.4%	(± 3.1%)

Do you currently smoke tobacco in a pipe?	n = 197	
Yes	0.6%	(± 1.2%)
No	99.4	(± 1.2)

In the past month, have you smoked a cigar, even just a puff?	n = 196	
Yes	9.7%	(± 5.3%)
No	90.3	(± 5.3)

In the past month, have you smoked bidis?	n = 196	
Yes	0.6%	(± 0.9%)
No	99.4	(± 0.9)

In the past month, have you smoked clove cigarettes?	n = 196	
Yes	0.7%	(± 1.2%)
No	99.3	(± 1.2)

Current tobacco use (all types of tobacco)	n = 196	
Current daily tobacco user	23.9%	(± 7.0%)
Current non-tobacco user	76.1	(± 7.0)

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily?	n = 59	
Within the past month (less than 1 month ago)	4.2%	(± 5.9%)
Within the past 3 months (1-3 months ago)	0.0	(± 0.0)
Within the past 6 months (3-6 months ago)	2.1	(± 4.0)
Within the past year (6-12 months ago)	0.0	(± 0.0)
Within the past 5 years (1-5 years ago)	22.0	(± 20.6)
Within the past 15 years (5-15 years ago)	20.6	(± 11.1)
More than 15 years ago	49.9	(± 17.5)
Never used regularly	1.3	(± 2.6)

Estimates based on sample sizes less than 50 were omitted.

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 57

Average: 24.1 (± 4.4)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 46

Yes *

No *

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 47

Yes *

No *

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 47

Yes *

No *

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 97

Strongly agree 56.1% (± 12.4%)

Somewhat agree 13.8 (± 7.5)

Somewhat disagree 14.6 (± 7.9)

Strongly disagree 15.4 (± 8.1)

Among current/former tobacco users:

When was the last time a family member or friend advised you to quit, if ever? n = 94

Within the past year (1-12 months) 35.8% (± 12.2%)

Within the past three years (1-3 years) 11.0 (± 14.8)

3 or more years ago 33.3 (± 11.6)

They never advised me to quit 19.9 (± 8.5)

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 98

Within the past year (1-12 months) 23.0% (± 10.0%)

Within the past three years (1-3 years) 2.8 (± 3.6)

3 or more years ago 30.0 (± 13.7)

They never advised me to quit 44.2 (± 12.3)

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever?			n = 98
Within the past year (1-12 months)	9.0%	(± 6.4%)	
Within the past three years (1-3 years)	2.0	(± 2.3)	
3 or more years ago	13.5	(± 14.1)	
They never advised me to quit	75.5	(± 14.0)	

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?			n = 52
Yes	43.9%	(± 17.8%)	
No	56.1	(± 17.8)	

Among current/former tobacco users:

How many times in your life have you seriously tried to quit using tobacco?			n = 89
0	10.3%	(± 6.5%)	
1-2	45.6	(± 13.4)	
3-5	31.8	(± 14.7)	
6 or more	12.3	(± 7.9)	

**About how long has it been since you last visited a DOCTOR for a routine
checkup?** n = 195

Within the past year (1-12 months ago)	73.9%	(± 8.8%)
Within the past two years (1-2 years ago)	16.1	(± 8.5)
Within the past 3 years (2-3 years ago)	1.4	(± 1.4)
Within the past 5 years (3-5 years ago)	1.5	(± 1.7)
5 or more years ago	4.1	(± 3.2)
Never	3.1	(± 3.1)

**What type of health coverage do you use to pay for most of your medical care? Is
it coverage through. . .** n = 179

Your employer	34.4%	(± 9.1%)
Someone else's employer	17.6	(± 6.0)
A plan that you or someone buys on your own	16.6	(± 6.3)
Medicare	19.7	(± 6.3)
Medicaid or Medical Assistance	5.6	(± 3.9)
The military, CHAMPUS, or the VA	3.1	(± 3.0)
The Indian Health Service	3.1	(± 4.3)
Some other source	0.0	(± 0.0)

Among current and recent former smokers:

**Within the past year, have you heard about any programs in your community to
help you quit using tobacco, such as classes, support groups or counseling
services?** n = 36

Yes	*	*
No	*	*

Among current and recent former smokers:

Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco? n = 36

Yes	*	*
No	*	*

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 31

Yes	*	*
No	*	*
Don't know/Not sure	*	*

Among current and recent former smokers:

During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco? n = 36

Yes	*	*
No	*	*

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 36

Yes	*	*
No	*	*

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 17

Yes	*	*
No	*	*

Among current tobacco users:

Would you like to quit using tobacco? n = 45

Yes	*	*
No	*	*

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 24

Yes	*	*
No	*	*

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 20

Yes	*	*
No	*	*
Don't know/Not sure	*	*

Are you currently registered to vote?	n = 195	
Yes	73.2%	(± 9.0%)
No	26.8	(± 9.0)

Which of the following statements best describes the rules about smoking in your home. . .	n = 196	
No one is allowed to smoke anywhere inside your home	81.2%	(± 6.3%)
Smoking is allowed at some places or at some times	8.9	(± 4.7)
Smoking is permitted anywhere inside your home	9.8	(± 4.5)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?	n = 196	
No current smokers in household	70.3%	(± 7.6%)
1	22.5	(± 7.0)
2	7.3	(± 4.1)
3 or more	0.0	(± 0.0)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?	n = 196	
None	87.8%	(± 5.0%)
Less than 30	5.2	(± 3.6)
30 days	7.0	(± 3.6)

If it were just up to you, would you let people smoke inside your home?	n = 196	
Yes	17.1%	(± 6.1%)
No	82.9	(± 6.1)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . .	n = 103	
Office	38.1%	(± 10.4%)
Store	3.8	(± 3.4)
Restaurant or Bar	5.2	(± 4.0)
Warehouse or factory	11.2	(± 6.6)
Home/Someone elses home	11.4	(± 6.9)
Outdoors	17.4	(± 9.4)
Car or truck	6.0	(± 6.1)
Classroom	3.2	(± 3.3)
Hospital	2.3	(± 2.8)
Somewhere else	1.5	(± 2.1)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?	n = 103	
Yes	13.1%	(± 7.7%)
No	86.9	(± 7.7)

Estimates based on sample sizes less than 50 were omitted.

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 101

Yes	4.4%	(± 5.3%)
No	95.6	(± 5.3)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 103

Yes	4.1%	(± 5.0%)
No	95.9	(± 5.0)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 102

None	78.4%	(± 9.2%)
Less than one hour	11.4	(± 7.2)
One hour or more	10.2	(± 6.8)

In general, would you say that breathing secondhand smoke is. . . n = 195

Not at all annoying to you	11.5%	(± 5.0%)
A little bit annoying	9.3	(± 4.3)
Somewhat annoying	24.9	(± 8.6)
Very annoying to you	54.3	(± 8.7)

Would you say that breathing secondhand smoke is. . . n = 187

Not at all harmful	2.1%	(± 1.9%)
A little bit harmful	1.7	(± 1.6)
Somewhat harmful	23.4	(± 8.7)
Very harmful	72.8	(± 8.7)

All people should be protected from secondhand smoke. n = 187

Strongly agree	58.5%	(± 9.0%)
Somewhat agree	30.9	(± 9.1)
Somewhat disagree	7.3	(± 4.1)
Strongly disagree	3.3	(± 2.3)

All children should be protected from secondhand smoke. n = 192

Strongly agree	82.9%	(± 8.2%)
Somewhat agree	13.4	(± 8.2)
Somewhat disagree	1.9	(± 1.8)
Strongly disagree	1.8	(± 1.7)

Do you think that smoking should be completely banned in restaurants? n = 196

Yes	75.7%	(± 6.6%)
No	24.0	(± 6.6)
Don't know/Not sure	0.3	(± 0.6)

Do you think that smoking should be completely banned in bars and lounges?			n = 195
Yes	39.1%	(± 8.8%)	
No	54.8	(± 8.7)	
Don't know/Not sure	6.0	(± 3.3)	

Do you think that smoking should be completely banned in outdoor public areas where children may be present?			n = 196
Yes	56.4%	(± 8.3%)	
No	39.8	(± 8.1)	
Don't know/Not sure	3.8	(± 3.0)	

Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.			n = 191
Strongly agree	63.4%	(± 8.0%)	
Somewhat agree	14.8	(± 5.6)	
Somewhat disagree	14.0	(± 5.4)	
Strongly disagree	7.7	(± 4.5)	

The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.			n = 192
Strongly agree	50.0%	(± 8.6%)	
Somewhat agree	27.0	(± 8.8)	
Somewhat disagree	14.0	(± 5.5)	
Strongly disagree	9.0	(± 4.4)	

School officials should make sure that all children receive anti-tobacco education.			n = 195
Strongly agree	87.8%	(± 4.9%)	
Somewhat agree	8.6	(± 4.2)	
Somewhat disagree	2.5	(± 2.1)	
Strongly disagree	1.1	(± 1.4)	

Tobacco use by adults should not be allowed on school grounds or at any school events.			n = 195
Strongly agree	83.9%	(± 6.0%)	
Somewhat agree	8.0	(± 4.2)	
Somewhat disagree	6.0	(± 4.2)	
Strongly disagree	2.0	(± 1.8)	

Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?			n = 192
Yes	44.3%	(± 8.8%)	
No	55.7	(± 8.8)	

Estimates based on sample sizes less than 50 were omitted.

Among people who have seen or heard of community efforts/activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? n = 81

Yes	14.1%	(± 7.9%)
No	85.9	(± 7.9)

Among people who have seen or heard of community efforts/activities:

To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years? n = 82

Yes	41.2%	(± 13.4%)
No	42.0	(± 15.0)
Don't know/Not sure	16.9	(± 8.5)

Among people who know of anti-tobacco organizations in their community:

Do you approve of what this local organization is doing to prevent tobacco use and help people quit? n = 32

Definitely yes	*	*
Probably yes	*	*
Probably no	*	*
Definitely no	*	*

There are more negative things than positive things about smoking.

n = 195

Strongly agree	84.9%	(± 8.6%)
Somewhat agree	5.9	(± 3.6)
Somewhat disagree	6.4	(± 8.2)
Strongly disagree	2.8	(± 2.9)

Smoking sometimes makes a person more attractive.

n = 194

Strongly agree	1.5%	(± 2.3%)
Somewhat agree	0.9	(± 1.4)
Somewhat disagree	15.3	(± 8.6)
Strongly disagree	82.3	(± 8.7)

There are so many things that cause cancer, tobacco use is not going to make any difference.

n = 191

Strongly agree	5.5%	(± 3.4%)
Somewhat agree	5.6	(± 3.6)
Somewhat disagree	14.0	(± 8.8)
Strongly disagree	74.9	(± 9.0)

Would you ever use or wear something that has a tobacco company logo or picture on it?

n = 192

Yes	18.8%	(± 6.3%)
No	81.2	(± 6.3)

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?	n = 195	
Yes	9.3%	(± 4.5%)
No	90.7	(± 4.5)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?	n = 196	
Yes	13.2%	(± 5.3%)
No	86.8	(± 5.3)

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?	n = 196	
Yes	8.1%	(± 4.5%)
No	91.9	(± 4.5)

Tobacco companies should have the same rights to advertise their products as other companies.	n = 185	
Strongly agree	26.9%	(± 9.0%)
Somewhat agree	31.7	(± 7.9)
Somewhat disagree	12.3	(± 5.1)
Strongly disagree	29.2	(± 7.3)

Among people with children ages 12 to 17:

Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .	n = 27	
We have talked about the dangers of tobacco use many times	*	*
We have had at least one conversation that I can remember	*	*
I don't remember a specific conversation, but my child knows how I feel	*	*
For now, I have not talked with my child about the dangers of tobacco use	*	*

Among people with children ages 12 to 17:

Have you told your child specifically that you do not want him or her to use tobacco?	n = 27	
Yes	*	*
No	*	*